


## Extract from Birmingham, Sandwell, Solihull and environs APC Formulary Products for Dry Eye Syndrome

### Products that GPs can be asked to prescribe for patients Please note the restrictions on Amber and Red products

**Notes:** Criteria for Preservative Free (PF) and Single Dose Unit (SDU) presentations:




These are restricted to patients with one or more of the following

- true preservative allergy
- evidence of epithelial toxicity from preservatives
- severe dry eyes
- require/ may require surgery in the near future
- neonates

11.08.01  Tear deficiency, ocular lubricants, and astringents

#### Xailin Night

First Choice

 Green

#### VitA POS eye ointment

Second Choice

 Green

#### Carbomers (Clinitas Gel<sup>®</sup>)

Formulary

 Green

Clinitas Gel does not have benzalkonium chloride (BAK) as a preservative. It is preserved with cetrimide.

#### Carmellose 0.5% SDU

Formulary

(Xailin Fresh<sup>®</sup>)

 Green

#### Carmellose 1% multi (Moorfields)

Formulary

 Green

#### Hypromellose 0.5% eye drops

Formulary

 Green

All other strengths are non formulary

#### Viscotears eye drops

Formulary

 Green

#### Viscotears Liquid gel single dose units




Formulary

 Green

#### Xailin gel

Formulary

 Green

#### Sodium Chloride 5% eye ointment

Formulary




  

 Amber

Specialist Ophthalmologist Recommendation

#### Sodium Chloride 5% PF drops (Moorfields)

Formulary




  

 Amber

Specialist Ophthalmologist Recommendation

#### Sodium Hyaluronate 0.15% Multi (Hyabak<sup>®</sup>)

Formulary




  

 Amber

Specialist Ophthalmologist Recommendation

#### Sodium Hyaluronate 0.2% PF Multi (Hylo-Forte<sup>®</sup>)

Formulary




  

 Amber

Specialist Ophthalmologist Recommendation

#### Sodium Hyaluronate 0.4% SDU (Clinitas<sup>®</sup>)

Formulary

 Amber

Specialist Ophthalmologist Recommendation  
 Each preservative-free unit is resealable and may be used for up to 12 hours.

## Other products

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### Chloramphenicol

(eye drops 0.5% & eye ointment 1%)

BNF SPC BNFC

### First Choice



[UKMI Q&A: Chloramphenicol and breastfeeding?](#)

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### Sodium Cromoglicate (eye drops 2%)

BNF SPC BNFC

### First Choice



### Olopatadine (Opatanol®)

BNF SPC BNFC

### Second Choice



Sodium cromoglicate more cost effective

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### Azelastine hydrochloride (Optilast®)

(eye drops 0.05%)

BNF SPC BNFC

### Third Choice



### Neodocromil (Rapitol®)

(eye drops 2%)

BNF SPC BNFC

### Formulary

